Home, health and wellbeing

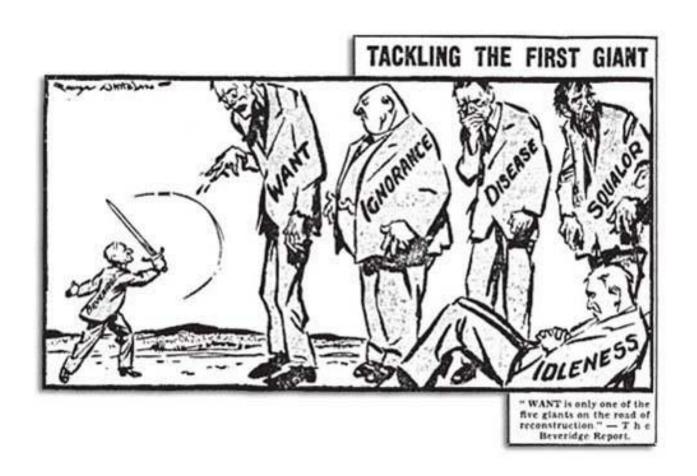
Amy Clair

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• • Beveridge's 5 giants



• • Housing Quality



Housing Quality and Health

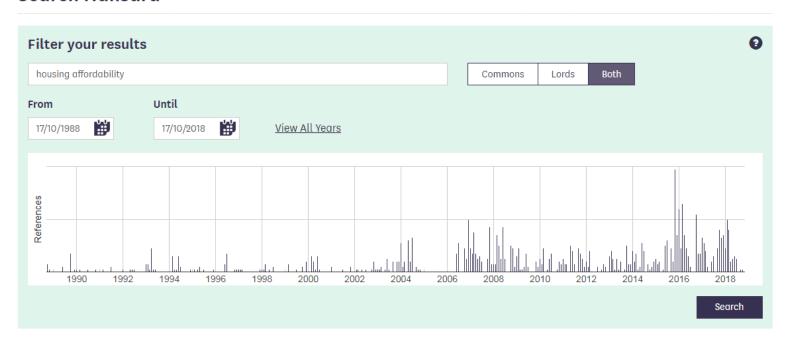
- o 20% of homes in England (4.7 million) failed to meet the Decent Homes Standard
- Poor quality housing costs the NHS £1.4bn per year, roughly equivalent to smoking or alcohol consumption
- o Poor housing costs EU economies nearly €194 billion per year

Housing Affordability



Mentions in Parliament

Search Hansard





Housing Affordability and health

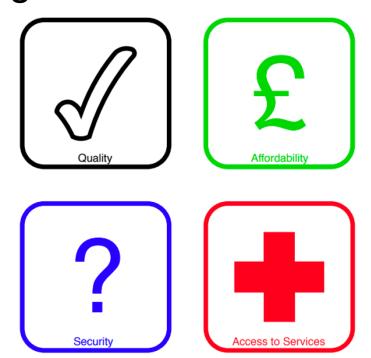
- Falling into housing payment arrears has the same effect on health as becoming unemployed (Europe)
- Overall people in rented housing affected more severely
- o But cross-country variation

The Effect of Policy Changes: Local Housing Allowance

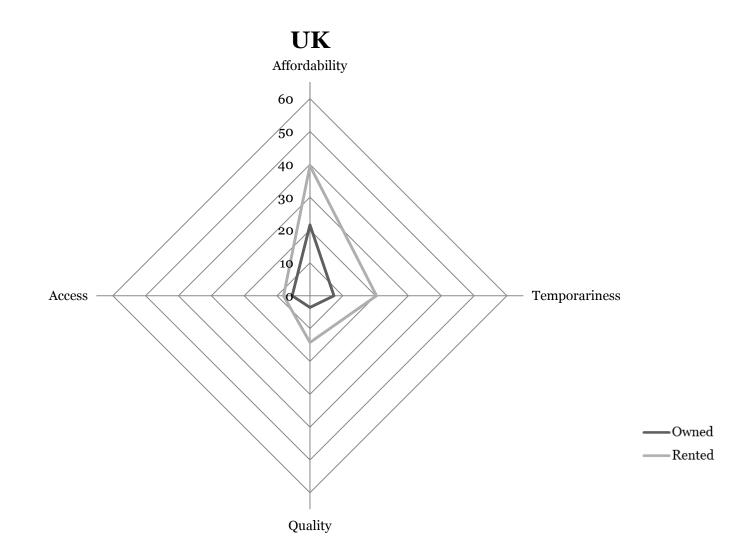
- Housing benefit
 - April 2011, shift from median area rent to 30th percentile
 - ~£1,220 per year loss
 - 1.8% increase in depression between April 2011 and March 2013
 - Equivalent to ~26,000 people

Housing Precariousness

- Single issues in isolation do not reflect how housing affects people lives
- o Housing Precariousness Measure:

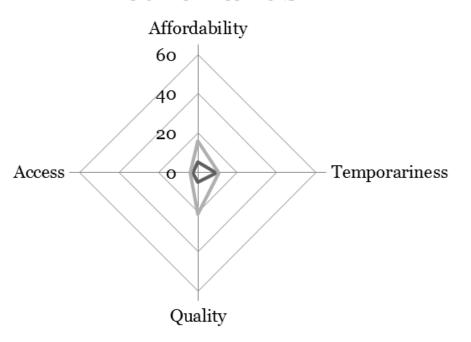


Housing Precariousness in the UK

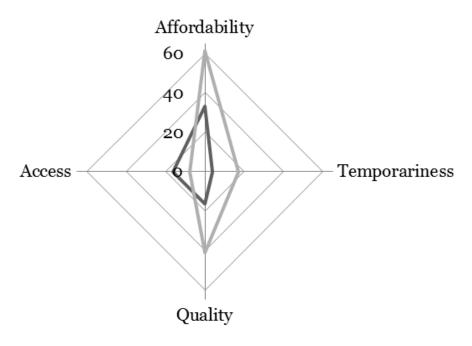


Country variation in Precariousness

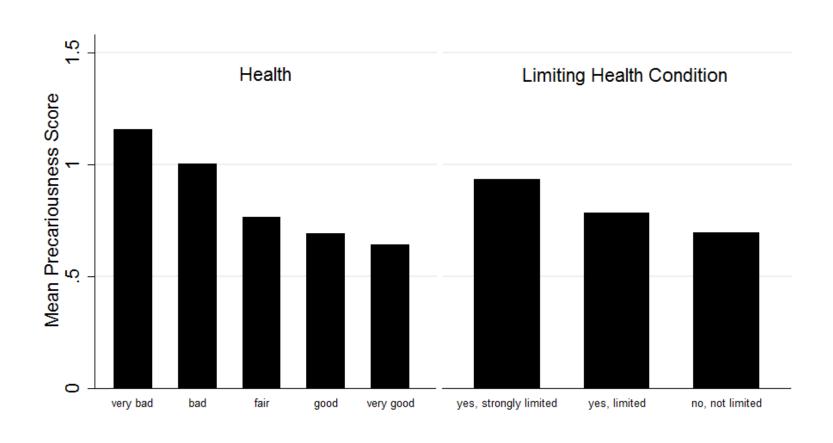
Netherlands



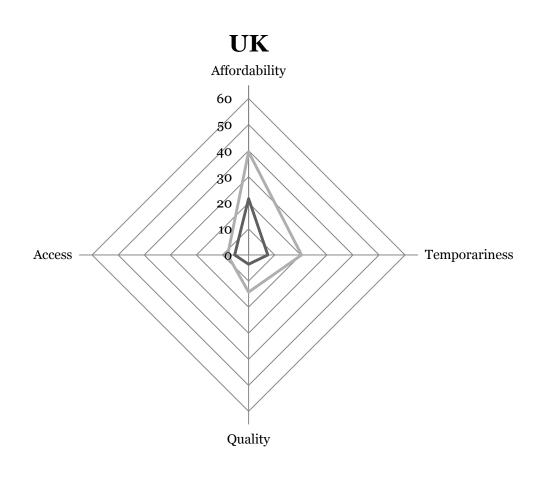
Slovenia



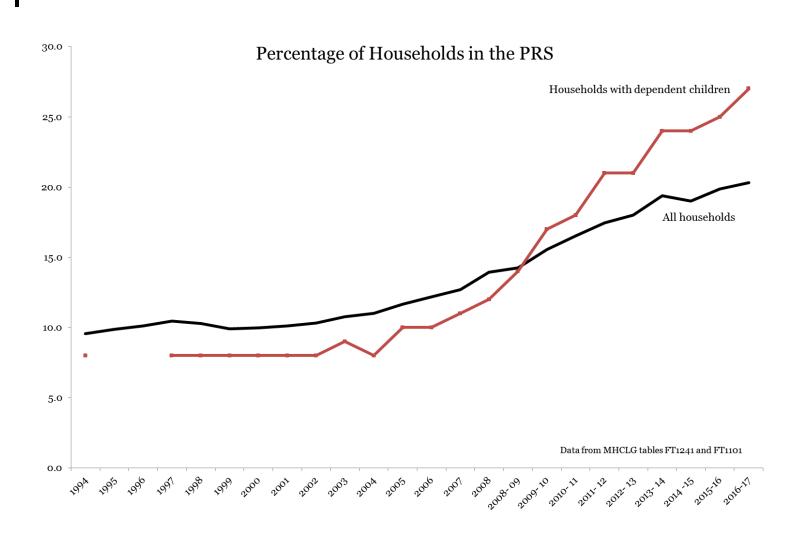
Housing Precariousness and Health



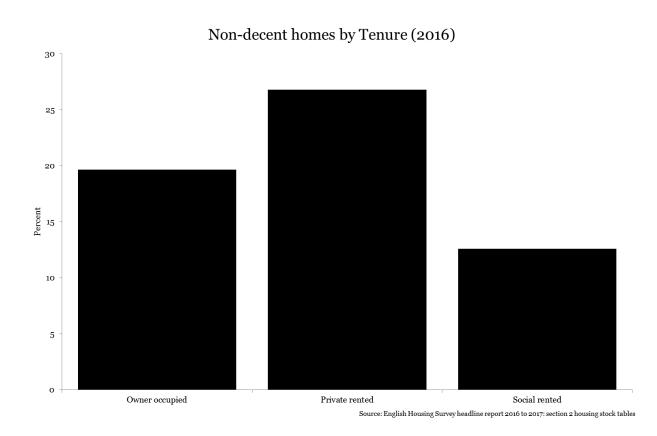
Housing Precariousness and the UK housing market



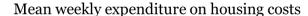
The Expansion of the PRS

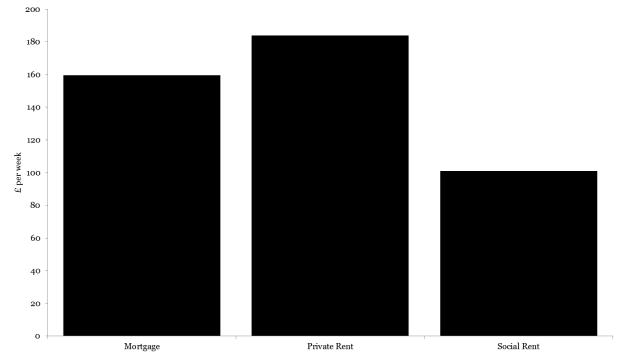


Quality



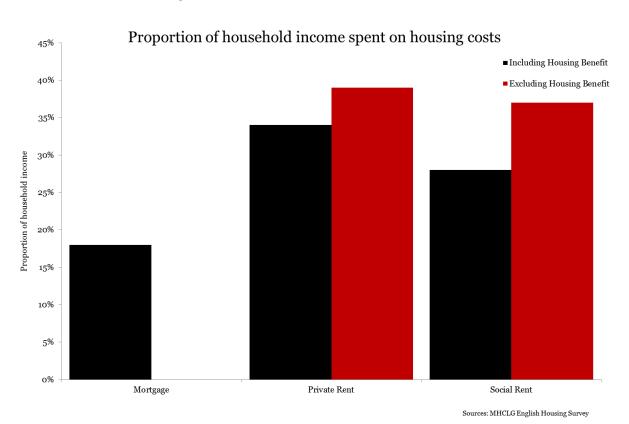
Affordability



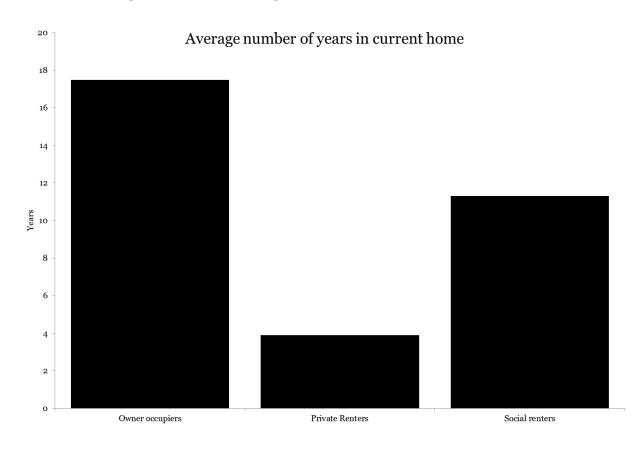


Sources: MHCLG English Housing Survey, ONS Expenditure on rent and mortgages by renters and mortgage holders by countries and regions, UK

Affordability

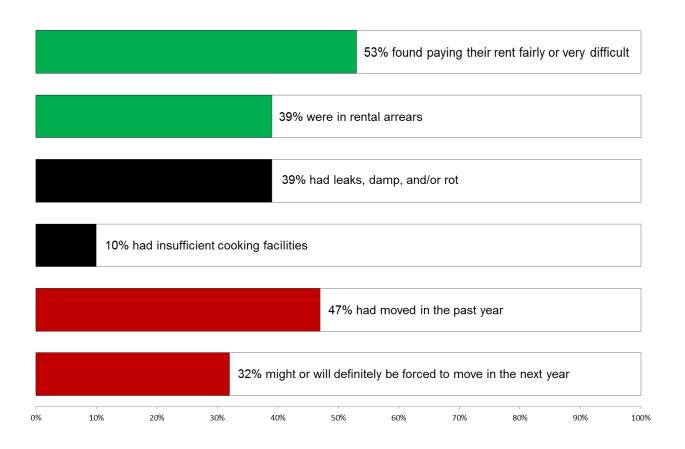


Security/stability



- C-Reactive Protein
 - A marker of inflammation, infection, and stress
 - Significantly higher among private renters

o Food bank users in the PRS



• • Households with Children



• • Conclusions

- Many links between housing and health
- All of these issues are policy amenable

• • Thank you





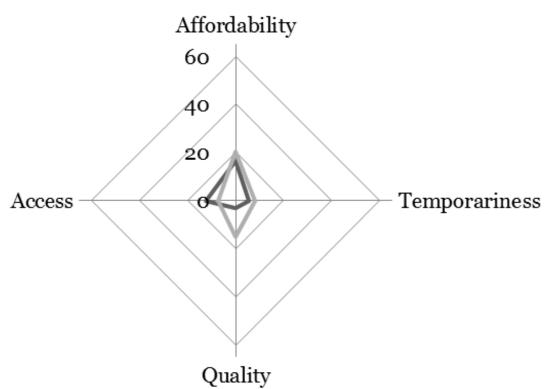




The Housing Precariousness Measure

Components	Cross-National Indicators from EU-SILC
Affordability	Burden of housing costs
Security	 Forced change in previous dwelling, or risk of forced change in current dwelling
Quality and facilities	 Presence of leaks and/ or damp Presence of essential utilities - bath/shower Presence of essential utilities - toilet Ability to keep home warm in winter Ability to keep home cool in summer Overcrowding
Access to essential services	 Access to Grocery services Access to Banking services Access to Postal services Access to Public transport Access to Health care

Germany



Tenure trends for families with children

