Does time spent with mums make a difference to children's development?
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> Based on the paper "Early Maternal Time Investment and Early Child Outcomes" with Marco Francesconi, Yvonne Kelly and Amanda Sacker







• Early differences in children skills predict large differences in adult outcomes

 How are these skills produced?
Family income, family structure, parental education, maternal employment, child care, but also ... parental time





## Research questions

- Can we quantify the contribution of time spent with parents to early child development?
- o Does any type of time investment matter equally?
- What does early exactly mean?







- Data from the UK Millennium Cohort Study on a representative sample of >8,000 children
- Surveyed between age 3 and age 7
- Cognitive and Non-Cognitive measures of development







British Ability Scales Naming Vocabulary (age 3)







### Non-Cognitive measures

#### Strengths and Difficulties Questionnaire (age 5)

	Not True	Somewhat True	Certainly True
Considerate of other people's feelings			
Restless, overactive, cannot stay still for long			
Often complains of headaches, stomach-aches or sickness			
Shares readily with other children (treats, toys, pencils etc.)			
Often has temper tantrums or hot tempers			
Rather solitary, tends to play alone			
Generally obedient, usually does what adults request			
Many worries, often seems worried			







We consider many different activities, and their frequencies and use a data-reduction technique to derive measures of:









Age 7	Educational	Recreational
Mother reads to the child		$\checkmark$
Mother tells stories (not from a book)		$\checkmark$
Mother goes to the park or playground		$\checkmark$
Mother plays games indoors		$\checkmark$
Mother paints or draws with the child		$\checkmark$
Mother plays music or sings songs with the child		$\checkmark$
Mother goes to the park		$\checkmark$
Anyone at home helps the child with homework	$\checkmark$	
Mother participates in school activities	$\checkmark$	
Mother attended meeting at school	$\checkmark$	









More educated mothers spend more time in educational activities

The gradient changes with age of the child, with more differences at age 3 than age 7

More educated mothers spend about the same time in recreational activities





## • • What we do next

- Estimate the effects of maternal time spent in educational and recreational activities at various ages on outcomes at age 7
- Control for demographics and other factors which might matter, such as child care attendance and family income
- **o** Use a variety of statistical methods to check for:
  - Omitted inputs (e.g. father's time)
  - Reverse causality

Measurement error



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- Time spent in educational activities early on matters for cognitive development
- The effect is 20% of the effect of having a mother with a degree vs. a mother with an A-level qualification





### Main findings

#### Recreational time $\rightarrow$ cog. skills at age 7



• Recreational time matters only very early on, then can become detrimental





# Other findings We do not find an effect of maternal time – either

 We do not find an effect of maternal time – either recreational or educational – on the child's noncognitive skills

• BUT .. when we account for 'feedback effects'', (parents react to information on their child skills), we find evidence that maternal educational time matters also for non-cognitive skills





## • • Discussion

- We offer new evidence that maternal time matters in the development of child skills, over and above other factors including child care and employment
- Structured/educational activities seem to be associated with a faster development of child cognitive skills
- The effects however diminish over time, and are mainly seen during the pre-school years





